



Caring for the Whole Person Virtual Conference

March 3-5, 2022

8 CEU's applied for (CME, CDR, CHES, CHW)

Join us for a joint conference with the [NM Academy of Nutrition and Dietetics](#) to explore pertinent topics around diabetes, nutrition, and patient care.

Presentations include:

- *Kitchen Creations cooking demonstration* by Cassandra Vanderpool, MS, RDN, LD and Fallon Bader, MS, RDN, LD
- *Improving Insulin Sensitivity with a Whole Foods, Plant based Diet* by Gabriel Gaarden, MPH, RDN, LD
- *Obesity, milk, and offspring outcomes. Lactation insights from a mouse model and clinical data* by Noura El Habbal, BS, RDN
- *Cultural Competence, Cultural Humility, and Cultural Sensitivity for the Dietetic Professional* – Diana Gonzales-Pacheco, DCN, RDN, LD
- *Management of Type 1 Diabetes Mellitus in pre-adolescent children: Nutrition Considerations* by Kirsten Bennett, PhD, RDN, LD
- *Helping clients to increase PA, Tips for avoiding and treating hypoglycemia when active* by Katie Pressler
- *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing, and Adult Learning Tools* by National recognized speaker: Mary Ann Hodorowicz, RD, CDCES, MBA
- *Discussion Panel on Food Security and health in NM* with local food banks

For more information and to register visit: <https://nmdac.org/2022/01/14/nmdac-and-nmand-caring-for-the-whole-person-virtual-conference/>